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WHAT IS CLAIMED IS:

A shoulder rest for use on a telephone handset, said shoulder rest comprising:

a first portion for abutting against a user's shoulder;

base portions for abutting against said telephone handset; and

a cut-out portion between said base portions allowing said shoulder rest to conform to differently shapped telephone handsets.

- 2. The shoulder rest of claim 1, wherein said first portion is curved to accommodate said user's shoulder.
- 3. The shoulder rest of claim 1, further comprising a flat, flexible strap of material between said base portions and partially enclosing said cut-out portion.
- 4. The shoulder rest of claim 3, further comprising an adhesive on said strap and said base portions for adhereing said shoulder rest to said telephone handset.
- 5. The shoulder rest of claim 1, wherein said first portion narrows along a length of said shoulder rest from a front end of said shoulder rest to a narrowest portion and then widens again.
- 6. The shoulder rest of claim 1, wherein said first and base portions of said shoulder rest are part of a hollow body of said shoulder rest.
- A method of making a shoulder rest for use on a telephone handset, said method comprising:

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forming a first portion of said shoulder rest for abutting against a user's shoulder;

forming base portions of said shoulder rest for abutting against said telephone handset; and

forming a cut-out portion of said shoulder rest between said base portions allowing said shoulder rest to conform to differently shapped telephone handsets.

- 8. The method of claim 7, wherein said forming steps are performed by injecting a material into a mold.
 - 9. The method of claim 8, wherein said material is polyvinyl chloride.
- 10. The method of claim 7, further comprising forming a flat, flexible strap of material between said base portions and partially enclosing said cut-out portion.
- 11. The method of claim 10, further comprising integrally forming said strap of material with said base portions of said shoulder rest.
- 12. The method of claim 11, further comprising placing an adhesive on said strap and said base portions for adhereing said shoulder rest to said telephone handset.
- 13. The method of claim 7, further comprising adhering said shoulder rest to a telephone handset.
- 14. A shoulder rest for use on a telephone handset, said shoulder rest comprising:



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a first means for abutting against a user's shoulder;

base means for abutting against said telephone handset; and

- a concave means between said base means for allowing said shoulder rest to conform to differently shaped telephone handsets.
- 15. The shoulder rest of claim 14, wherein said first means are curved to accommodate said user's shoulder.
- 16. The shoulder rest of claim 14, further comprising second means extending between said base means and partially enclosing said concave means for increasing an area of said shoulder rest for contact with said telephone handset.
- 17. The shoulder rest of claim 16, further comprising adhesive means on said second means and said base means for adhereing said shoulder rest to said telephone handset.
- 18. The shoulder rest of claim 14, wherein said first means narrows along a length of said shoulder rest from a front end of said shoulder rest to a narrowest portion, and then widens again.
- 19. The shoulder rest of claim 14, wherein said first means and base means of said shoulder rest are part of a hollow body of said shoulder rest.